

SHEN TAO INNERGY ARTS™



## APPLICANT REGISTRATION FORM

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Country (if not USA) \_\_\_\_\_

Home phone \_\_\_\_\_

Work phone \_\_\_\_\_

Cell phone \_\_\_\_\_

E-mail \_\_\_\_\_

Website \_\_\_\_\_

Birthdate \_\_\_\_\_

Relationship status \_\_\_\_\_

Religious/Philosophical affiliation(s) \_\_\_\_\_

### BACKGROUND

Knowing your background allows custom instruction that reflects your level of experience. List your experience with, and list the names of the, yoga, tantra, martial arts, meditation, human potential courses, movement skills, Chi Gung, Tai Ch'i, etc. Be sure to include any initiations into spiritual systems. List these in order of importance to you, with dates if possible - and if student or teacher.

- |          |           |
|----------|-----------|
| 1. _____ | 7. _____  |
| 2. _____ | 8. _____  |
| 3. _____ | 9. _____  |
| 4. _____ | 10. _____ |
| 5. _____ | 11. _____ |
| 6. _____ | 12. _____ |



### GOALS

Do you have specific goals for this practice? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### HEALTH

Knowing your health allows instruction that fits your specific needs.

General health: ( ) Excellent ( ) Good ( ) Some problems

Specific problems: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Respiratory problems: \_\_\_\_\_

Blood pressure normal? ( ) Yes ( ) No

Are you currently in physical or psychological therapy? ( ) Yes ( ) No

If "Yes", has your therapist agreed to the practice you would like to study? ( ) Yes ( ) No

### DISCLAIMER

"Tantra of the 7 Mudras" is a system of practices promoting health and well being. Caution and common sense should be utilized in following any of the suggestions about food, exercise, breathing, sexual activity, and states of consciousness. This course is not meant to replace competent medical advice or medical regimens. Anyone suffering from high blood pressure, or any infirmity that hampers the following of these practices should consult a physician before practicing the methods taught here. Anyone with a history of emotional instability or who is currently in a time of high stress is advised to consult a therapist before practicing the methods taught here.

I have read the foregoing and take full responsibility for my use of the information provided by Shen Tao Innergy Arts and its instructors. I absolve the organization and its instructors of any liability whatsoever.

I understand and agree that as a participant of classes and workshops, I am prohibited from sharing the technical details or teaching the contents of the classes or workshops without express written permission from its creator/founder, Sunyata Saraswati. In the event of my breaking this agreement, I understand that I could be prosecuted for copyright infringement under Federal and state laws, and liable for any remedies provided by law or equity, including, but not limited to, reasonable attorney's fees and court costs.

I agree to these limitations and this disclaimer:

Signed \_\_\_\_\_ Date \_\_\_\_\_

*Please mail completed form to: Shen Tao Innergy Arts, PO Box 272566, Boca Raton, FL 33427 USA.*

*If anything changes, please complete a new application.*

Master Sunyata Saraswati • www.shentaoinnergyarts.com